



TURISMO INDIGENA

To share our Kichwa Otavalo culture during your stay, showcasing our rich cuisine, music, dance, language, indumentary, agriculture, traditions customs, and ancestral knowledge. All while being surrounded by beautiful, peaceful and welcoming scenery.



ITINERARY KAWSAYMI FULL DAY

ACTIVITIES:

Arrival time

9h00 - Welcome by the family and Kawsaymi presentation.
- Cocktail: Tasting of chicha de jora

9h30 - Visit to an Otavalo embroidery workshop and exhibition explaining the meaning of traditional clothing

10h30- Walk along the ancient Atuk ñan trail - contact with nature - Pachamama - barefoot for 80 meters - local legends.

11h00 - Visit and talk about raising guinea pigs, their nutritional properties and importance in the culture - Integration with the guinea pigs.

DIRECCION: QUICHINCHE PANECILLO CARRETERA PRINCIPAL ADOQUINADO

CEL: +593 987684914 

E-MAIL: kawsaymi@gmail.com

www.kawysami.com



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11h30 - Mini cooking class: Andean lunch main course (fried chicken cooked in a traditional Andean oven), quinoa tortillas with Andean herbs, vegetables, and lupin bean salad.

Andean fruit juice.

Dessert: Sweet corn tortillas cooked in a clay pot .

Visit and harvest of the family garden of medicinal and fruit plants.

13h00 - Buffet Luch

14h00 - Farewell with a traditional dance and traditional games.

WHAT I NEED TO BRING?

Water, sunscreen, hat, sunglasses, insect repellent, long-sleeved shirts, comfortable pants, walking shoes or sneakers. Rain jacket in case of rain. Extra money for local crafts is also optional.

COSTS: \$55.00 PER PERSON

MAXIMUM GROUP SIZE FOR TOUR TO OPERATE: 4 PEOPLE

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